

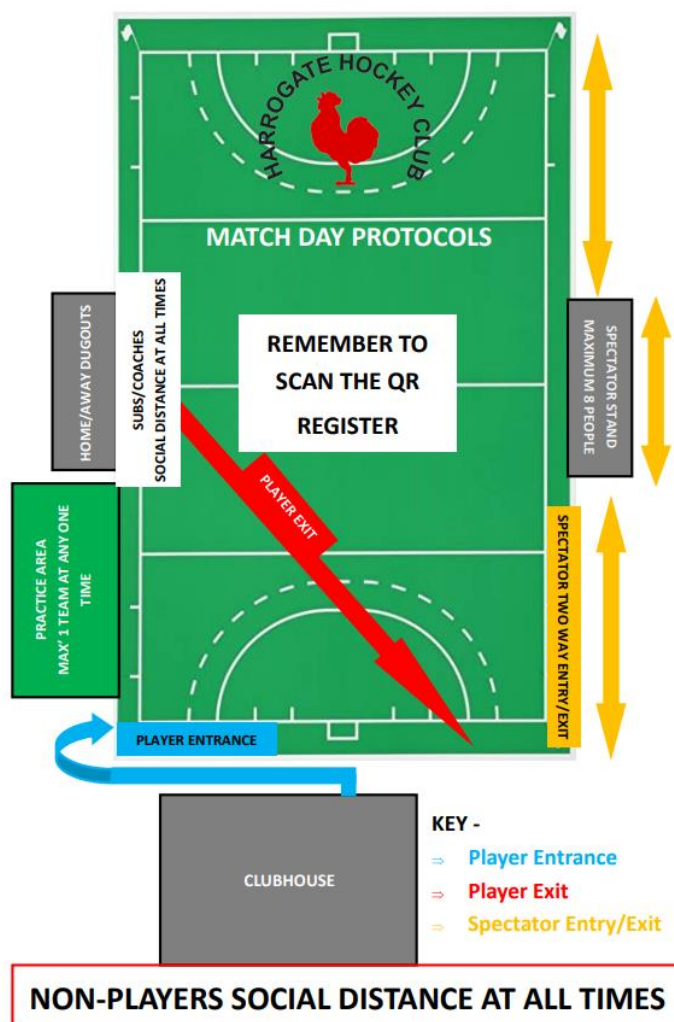
## HHC Guidance for Matches

### Preparing to Play

- Make sure you have completed the England Hockey Participation Agreement. You will not be able to play if this is not completed.
- Complete a Self-Assessment Check.

### Access and Arrival

- Travel – If at all possible, you should travel on your own or in your bubble or household group. Avoid using public transport unless necessary to do so. You should try not to share a vehicle with those outside your household or social bubble.
- Arrive as close as possible to the time you need to be there.
- Arrive changed and ready to play. The changing rooms will be closed.
- Scan the QR reader at the side of the pitch for track and trace purposes.
- Harrogate HC operates a mandatory One-Way System – on match days enter the pitch by the warm-up area and exit via the double gates.



- Allow others to leave before you enter the pitch.
- Ensure you leave the pitch before the end of your allotted time so that the space is empty for the next players.

- Toilets are open on a one in one out rule, using the side door for access.
- Do not congregate after playing and stay in groups of 6, following social distancing rules, outside of play.
- Where possible, unless necessary, avoid touching gates/fences/goals

## **Playing Hockey**

### During play

- Respect your opposition and umpires.
- Substitutes need to maintain social distancing on the side-line. Only 2 people are allowed in the dugouts at one time. The match delegate area is out of bounds.
- The scoreboard will not be used.
- Take Penalty Corners and free hits around the D promptly.
- Touch the ball with your stick/GK equipment and not your hands
- Use your own protective equipment or disinfect before use (e.g. facemasks).
- Socially distance when play stops.
- Avoid shouting excessively or spitting.
- No handshakes with other players or close contact during goal celebrations.
- Do not share drinks/refreshments during breaks in play.
- Avoid regular removal of your gum shield.
- Clean your hands during breaks.

### After play

- Please exit the pitch via the double gates and use the hand sanitiser provided.
- The bar will be open for refreshments. If you do wish to use the bar, please follow the bars guidance for track and trace.
- Whilst in the club house it is mandatory to wear a face mask unless sat at a table.
- Please sit in a maximum group of six and do not mingle.
- Do not move the furniture.
- Table service will be provided by the bar staff.
- The club will be opening a card only policy.

## **Spectators**

- Please ensure you have scanned the QR reader at the side of the pitch for track and trace purposes.
- When entering the pitch area please do so via the normal spectator entrance.
- Please always wear a face covering until you have found a suitable area to watch the game and abide by social distancing rules.
- Only six spectators are allowed in the spectator stand at any one time.
- Spectator viewing will not be permitted from inside the club house and take away drinks from the bar will not be allowed in the spectator area.
- If you wish to have a drink after the game, please follow the guidance from the bar staff to ensure the safety of everyone. Cash will not be permitted and it will be a card only bar.

**Please contact Charlotte Wood (Harrogate HC Covid Officer) if you have any queries**

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